



DISCIPLINE POLICY

In a continuing effort toward building a positive self-image in the children we serve, the staff and the administration of First Presbyterian Church Child Development Center have devised the following discipline policy.

We must always:

- Provide consistent positive reinforcement in terms of attention and praise for appropriate behavior.
- Create relationships based on love, trust, and acceptance.
- Be sure that our boundaries and expectations are age-appropriate, clear, and understandable.
- Address the specific behavior we want to modify.

We must never:

- Treat any child in either a physical or an oral manner that could cause distress. This includes striking, pushing, jerking, yelling, derision, or any action or word that is an expression of anger and/or non-acceptance.
- Address the worth of the child while attempting to modify behavior.
- Deprive a child of food or rest.
- Implement any form of discipline without expression of love and inclusion.

Some techniques we regard as positive behavior modifiers are:

- Sensitive, appropriate room arrangement.
- Clear, concise, age-appropriate directions to be sure children understand what is expected of them.
- Use of natural and logical consequences as opportunities for children to take responsibility for their actions.
- Opportunity for children to think through a problem and choose alternative kinds of behaviors. This process begins to teach basic problem-solving skills and must include direction and follow-up by a teacher.
- Cooperative effort between parents and staff in carrying through a behavior modification plan. Such a plan would be agreed upon by parent/staff and would be enacted with the child's full understanding; daily communication with parents in order to build a productive trust relationship.



**First Presbyterian Church Child Development
DISCIPLINE POLICY
PARENT AGREEMENT**

Child's Name _____ Enrollment Date _____

I have received a copy of the written policies of First Presbyterian Church Child Development Center as outlined on the forms given to me in my enrollment packet. I have read and understand these policies. I shall strive to comply with all said policies.

Parent/Guardian's Signature _____

Date _____